

Table 9D
2002 Pregnancy Nutrition Surveillance ⁽¹⁾

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Nation

Maternal Health Indicators by Race/Ethnicity, Age, or Education

Maternal Health Indicators by Race/Ethnicity, Age, or Education ⁽²⁾										
	Prepregnancy BMI (3)			Weight Gain (4)			Anemia (Low Hb/Hct) (5)			
	Under-weight		Over-weight	< Ideal		> Ideal	3rd Trimester		Postpartum	
	Number	%	%	Number	%	%	Number	%	Number	%
Race/Ethnicity										
White, Not Hispanic	330,578	15.1	40.3	283,276	22.8	33.9	48,677	24.9	275,055	27.6
Black, Not Hispanic	161,808	10.2	48.9	135,070	28.5	26.8	26,664	45.4	118,633	51.7
Hispanic	132,292	8.5	40.2	111,768	29.4	28.0	19,354	25.8	98,835	36.4
American Indian/Alaskan Native	7,911	8.5	53.4	5,723	26.2	28.5	1,318	28.8	6,497	35.4
Asian/Pacific Islander	18,419	21.3	27.1	15,938	27.8	28.9	2,838	25.3	13,514	35.7
All Other/Unknown	7,412	13.0	37.3	6,291	26.5	29.8	1,220	28.5	6,197	33.7
Total	658,420	12.7	42.2	558,066	25.7	30.8	100,071	30.6	518,731	35.1
Age										
< 15 Years	3,213	21.7	20.0	2,614	25.7	38.9	512	40.8	2,397	40.5
15 - 17 Years	48,880	21.6	23.4	40,952	24.2	38.6	7,059	35.8	37,275	40.6
18 - 19 Years	94,024	18.5	30.6	78,985	22.7	37.7	13,711	31.7	72,392	38.1
20 - 29 Years	391,322	11.8	44.0	332,899	25.5	30.0	61,331	30.3	311,414	34.5
30 - 39 Years	113,401	7.1	53.1	96,430	29.3	24.6	16,357	28.5	89,528	32.7
>= 40 Years	7,503	5.7	55.3	6,160	33.3	22.4	1,095	29.5	5,725	33.9
Unknown	77	*	*	26	*	*	6	*	0	*
Total	658,420	12.7	42.2	558,066	25.7	30.8	100,071	30.6	518,731	35.1
Education										
< High School	224,387	14.4	38.4	189,058	28.4	30.1	33,639	33.4	177,109	38.3
High School	270,763	12.0	43.9	230,788	24.9	31.0	41,226	30.1	213,225	35.3
> High School	124,680	10.4	44.9	107,381	23.7	30.8	18,835	26.4	101,328	30.6
Unknown	38,590	13.9	42.9	30,839	23.1	32.7	6,371	31.7	27,069	30.3
Total	658,420	12.7	42.2	558,066	25.7	30.8	100,071	30.6	518,731	35.1

(1) Reporting period is January 1 through December 31.

(2) Excludes records with unknown data for health indicators, and data with errors for health and demographic indicators.

(3) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight (BMI <19.8), overweight (BMI >26.0; includes overweight and obese women).

(4) Based on 1990 IOM report, "Nutrition During Pregnancy": underweight prepregnancy (ideal weight gain = 28 to 40 lbs), normal weight prepregnancy (ideal weight gain = 25 to 35 lbs), overweight prepregnancy (ideal weight gain = 15 to 25 lbs), obese prepregnancy (ideal weight gain = 15 to 25 lbs).

(5) Based on 1990 MMWR, "Recommendations to Prevent and Control Iron Deficiency in the United States"; adjusted for altitude and smoking.

* Percentages are not calculated if <100 records are available for analysis after exclusions.